

Core IV

Basic Developmental Processes

Introduction:

The course is designed to expose students to a basic understanding about the fundamental concerns of developmental psychology and provide examples of the following three dimensions of development: growth, differentiation, and orderly progression.

Course Outcomes

- To help students gain some key ideas about human development and the perspectives to understand and explain such developments.
- To help the students understand the significance of prenatal period for human development.
- To help the students understand the developmental preparations of the childhood and the implications of developmental milestones for the normal human development.

Unit I: Basics of development

- Meaning and types of development; Principles of development; Factors influencing development
- Perspectives of development- Psychoanalytic; Mechanistic; Organismic; Humanistic

Learning Outcomes

- Understand the nature, types, and principle of development.

Unit II: Life in formation

- Fertilization, determination of sex, multiple birth; prenatal development- germinal stage, embryonic stage, fetal stage; Factors influencing prenatal development.
- Physical and motor development, Social and emotional development during childhood.

Learning Outcomes

- Understand the processes of formation of life and development during pre- and post-natal periods.

Unit III: Life in preparation

- Physical, Social and Emotional development during adolescence.
- Piaget's stage of cognitive development; Kohlberg's stages of moral development

Learning Outcomes

- Understand about the different aspects of preparation for future life.

Unit IV: Practical

- Locus of Control:** To assess the gender difference in Locus of Control of college students by using Rotter's Locus of Control Scale.
- Emotional Intelligence:** To measure the emotional intelligence of college students by using the Schutte's Emotional Intelligence Scale.

Text Books:

- ✓ *Sigelman, G.K. & Schaffer, D.R. (1995). Life-span Human Development, Brooks / Cole Publishing Co. Pacific Grove, California*
- ✓ *Berk, L. E. (2010). Child Development (8th Ed.). New Delhi: Prentice Hall.*
- ✓ *Mohanty, N., Varadwaj, K. & Mishra, H. C. (2014). Explorations of Human Nature and Strength: Practicals in Psychology, Divya Prakashani, Samantarapur, Bhubaneswar.*

Reference Books:

- ✓ *Papalia, Diane E., Sally Wendos Olds, Feldman, R.D.; (2017). Human Development. 9th Edition. New Delhi: Tata McGraw Hill*
- ✓ *Baron, R. A. (2002). Psychology (5th Edition), New Delhi, Pearson Education.*